

**LMC**

# Diabetes & Endocrinology

2979 Bovaird Drive East  
Brampton, ON L6S 0C6  
P (905) 595-0560  
F (905) 595-0562

24-Aug-2019

**Dr. Pandhi** Fax: (905) 678-7145

**Patient:** Mr. DEB BHATTACHERJEE

**PHN:** 1754 558 029LX

**Birthdate:** 03-Nov-1953

**Problem History:**

**Active Medications:**

type 2 diabetes mellitus, hypertension, dyslipidemia  
FORXIGA 10 MG TABLET [1 Tablet(s) Once daily X 100 Day(s)] ,  
DIAMICRON MR 30 MG TABLET [1 Tablet(s) Once daily X 100 Day(s)] ,  
TRESIBA FLEX 100 UNIT/ML PEN [34-40 Units Once daily X 100 Day  
(s)] [as directed. Discontinue Lantus], JANUMET 50-1000 MG TABLET  
[1 Tablet(s) Two times daily X 100 Day(s)] , CRESTOR 5 MG TABLET  
[1 Tablet(s) Once daily X 100 Day(s)] , RAMIPRIL 5 MG CAPSULE [1  
Capsule(s) Two times daily X 100 Day(s)] , LODALIS 3.75 GRAM  
PACKET [1 Package(s) Once daily X 100 Day(s)] , LYRICA 25 MG  
CAPSULE [1 Capsule(s) Once daily X 100 Day(s)]

**External Medications:**

ketoconazole 2 % Topical Cream (Gram) [1 Application(s) Once daily  
As Needed X 100 Day(s)] , nystatin 100,000 unit/ml Oral Solution,  
Oral [5 mL Three times daily X 10 Day(s)] , sodium polystyrene  
sulfonate Oral Powder (Gram) [15 g Twice/Week X 100 Day(s)] ,  
furosemide 20 mg Oral Tablet [1 Tablet(s) Once daily X 100 Day(s)] ,  
ramipril 2.5 mg Oral Capsule [1 Capsule(s) Once daily X 100 Day(s)]  
 , baclofen 10 mg Oral Tablet [1 Tablet(s) Once daily X 100 Day(s)] ,  
Vitamin A 10, 000 Iu [1 Tablet(s) Once daily X 100 Day(s)] , ferrous  
fumarate 300 mg (100 mg iron) Oral Tablet [1 Tablet(s) Once daily X  
100 Day(s)] , donepezil HCL 10 mg Oral Tablet [1 Tablet(s) Once  
daily X 100 Day(s)] , Ascorbic Acid Tablets 500 Mg [1 Tablet(s) Once  
daily X 100 Day(s)] , CENTRUM MEN 50 + [1 Tablet(s) Once daily X  
100 Day(s)] , OMEGA 3-6-9. [1 Tablet(s) Once daily X 100 Day(s)]

**Known Allergies:**

**Past Medical History:**

**Past Surgical History:**

No Known Allergies (Drug Allergy)

smoker, microalbuminuria, osteoarthritis, proteinuria, - PDR,  
asthma, arthritis, - Chronic Fatigue Syndrome  
cataract surgery - Left eye

**Subjective**

Deb present for follow -up of glyceric control. He has been stressed about her family, loss of grand-daughter recently following a motor vehicle accident. He has continued Tresiba 34 units qAM w ith Janumet BID and Diamcron MR 30 mg qAM w ith Forxiga 10 mg OD. He has not been following diet and lifestyle modification in the interval (interval weight loss of 2 lbs). SMBG values - fasting range 6-9 mmol/L and post-prandial range 5-13 mmol/L. He has been smoking 4 cigarettes a day. He follow s w ith Dr. Armogan for diabetic retinopathy s/p lucentis.

**Objective**

\*Head and neck exam w as unremarkable.

Thyroid w as palpable w ithout nodularity.

Chest w as clear to auscultation.

Cardiovascular examination show ed normal heart sounds, regular rate and rhythm, no audible murmurs or bruits.

There w as no peripheral edema.

Peripheral fine touch sensation w as intact to 10gm monofilament.

Feet w ere clear to inspection. Pedal pulses palpable.

**Plan**

Deb's glyceric control has been stable, how ever above A1c goal range of <7%. He has been seeing me since 2013, how ever w ith several challenges to his metabolic control. I have reiterated the importance of lifestyle modification w ith special attention to dietary

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## Subjective

Deb present for follow -up of glycemic control. He has been stressed about her family, loss of grand-daughter recently following a motor vehicle accident. He has continued Tresiba 34 units qAM with Janumet BID and Diamicon MR 30 mg qAM with Forxiga 10 mg OD. He has not been following diet and lifestyle modification in the interval (interval weight loss of 2 lbs). SMBG values - fasting range 6-9 mmol/L and post-prandial range 5-13 mmol/L. He has been smoking 4 cigarettes a day. He follows with Dr. Armogan for diabetic retinopathy s/p lucentis.

## Objective

\*Head and neck exam was unremarkable.

Thyroid was palpable without nodularity.

Chest was clear to auscultation.

Cardiovascular examination showed normal heart sounds, regular rate and rhythm, no audible murmurs or bruits.

There was no peripheral edema.

Peripheral fine touch sensation was intact to 10gm monofilament.

Feet were clear to inspection. Pedal pulses palpable.

## Plan

Deb's glycemic control has been stable, however above A1c goal range of <7%. He has been seeing me since 2013, however with several challenges to his metabolic control. I have reiterated the importance of lifestyle modification with special attention to dietary





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